

Kokomo School Corporation

K-12 Breakfast School Menu

October 2021

Explain-a-Meal

Choose 3-5

P Protein

G Grain

F Fruit

V Vegetable

M Milk

(1) must be a **F** or **V**

The **definition** of the word **breakfast** is the first meal of the day and its origin was derived from the late Middle English verbs **break** and **fast**. The word literally means to **break** the **fasting** period from the day before.

PAYMENT OPTIONS:

Each student has a cafeteria account. Payments can be made online at www.EZSchoolPay.com. Use EZSchoolPay.com to track purchase history and payment history too!

For more information about KSC Food Services, visit

www.kokomoschools.com

Menu is subject to change.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	P	G	F	V
				1 Donut Bites Grape Juice Diced Peaches Milk Choice	✓	✓		✓
4 Apple Jacks Cereal Mozz Cheese Stick Apple Juice Diced Pears Milk Choice	5 Cinnabar Diced Peaches Fruit Cocktail Milk Choice	6 Marshmallow Mateys Cereal Mozz Cheese Stick Apple Juice Diced Peaches Milk Choice	7 Chocolate Mini Donuts Baked Apple Slices Diced Pears Milk Choice	8 Mini Confetti Pancakes Orange Juice Applesauce Milk Choice	✓	✓		✓
11 Cinnamon Toast Crunch Cereal Mozz Cheese Stick Apple Juice Baked Apple Slices Milk Choice	12 Cocoa Puffs Soft Bar Orange Pineapple Juice Diced Pears Milk Choice	13 Reg Shred Wheat Cereal Mozz Cheese Stick Grape Juice Fruit Cocktail Milk Choice	14 Mini Maple Waffles Diced Peaches Applesauce Milk Choice	15 Mini Powered Donuts Applesauce Blueberries Milk Choice	✓	✓		✓
18 Fall Break No Students	19 Fall Break No Students	20 Fall Break No Students	21 Fall Break No Students	22 Fall Break No Students	✓	✓		✓
25 Lucky Charms Cereal Mozz Cheese Stick Apple Juice Diced Peaches Milk Choice	26 The Swirl Roll Orange Pineapple Juice Fruit Cocktail Milk Choice	27 Strawberry Shred Wheat Cereal Mozz Cheese Stick Grape Juice Diced Pears Milk Choice	28 Blueberry Pancakes Applesauce Pineapple Chunks Milk Choice	29 Donut Bites Grape Juice Diced Peaches Milk Choice				✓

This institution is an equal opportunity provider.